

Foreword and Editorial

International Journal of Beauty Science and Technology (IJBST)

We are very happy to publish this issue of an International Journal of Beauty Science and Technology by Global Vision School Publication.

This issue contains 6 articles. Achieving such a high quality of papers would have been impossible without the huge work that was undertaken by the Editorial Board members and External Reviewers. We take this opportunity to thank them for their great support and cooperation.

The paper entitled "The Effect of HIIT Program on Self-control and Attention in Male Middle School Students", the purpose of this study was to analyze the effect of HIIT on self-control and attention in male middle school students. The participants of This study are 22 third-grade male students at H Middle School. They were divided into 2 groups randomly(experiment group(EG): 11, control group(CG): 11). The program was performed for 20 minutes, 3 times each week for 8 weeks. The t-test was used to analyze the differences within and between two groups. After 8 weeks, there were a significant differences statistically in impulsiveness, adventure seeking, self-centering, anger temperament(self-control): there was a significant difference between two groups in impulsiveness and anger temperament. Looking into the changes of attention before and after the EG and CG, the results showed that there was a statistically significant difference between the pre and post EG regarding selective attention and sustained attention, but there was no difference between self-control/distributed attention. There was no statistically significant difference between the groups after the experiment.

In the paper "A Study on the Platform for Activation of Medical Tourism in Korea ", The higher the income levels in the world, the higher the preference for high quality medical services. As the income level increases, the medical tourism market is expanding as interest in medical care and beauty increases. In addition, medical tourism has become a high value-added industry due to its high percentage of stay and stay costs. In the domestic medical tourism market, the annual growth rate of medical tourists is more than 20% annually. However, unstructured services and infrastructure are causing many problems. In this study, we analyze overseas cases to build a medical tourism cloud platform suitable for medical situation by utilizing Korea's excellent ICT environment and suggest priority tasks for constructing a medical tourism platform.

In the research "The Analysis on the Design of Nail Tip brands at Domestic Home-Shopping-Focusing on Nail Tip Brands of GS Shop, Hyundai, CJ, Lotte, and NS Home-Shopping", the purpose of this study is to present the trend direction of the nail tip design by analyzing the design of the five brand nail tips distributed in the domestic home shopping. As a research method, we will look at the nail tip brands of GS Shop, Hyundai Home Shopping, CJ Home Shopping, Lotte Home Shopping, and NS Home Shopping, which distribute gel nail tips the most. We extracted five brand names of DIANAS Geltip, CORAL&FLOWER, NAIL's NAIL, DASHIN DIVA and KISS NEW YORK. A total of 587 nail tips extracted from five brands were analyzed in formative aspects such as patterns, colors and decoration. As a result of

research, we can see that geometric patterns are commonly used most commonly in all five brands, and Diana Geltip uses R / Vp for color, but we can see that achromatic color is used in the overall brand. Also, decorations were different depending on the brand. Diana Geltip had studs, coral & flower, dying diva striped tapes, and NAIL'sNAIL had many stones.

The paper entitled " A Study on the Spatial Allocation of 360 VR Contents: Centered on Korean Traditional Dance Bosangmu", VR technologies create new contents by fusing themselves with other media and areas. New technologies can mutually complement each other by grafting themselves onto traditional culture and can be reborn as a new art form, contributing to the advancement of traditional culture. This article discussed the process of creating VR contents by shooting traditional dance with a 360 VR camera. Particularly, it is a preliminary study on the consideration of suitable locations for a 360 VR camera for the relationship between the stage and the audience in the production of traditional dance VR contents. Furthermore, the study examined the most suitable camera location and the 360 VR film production process by considering the spatial characteristics of the stage of Bosangmu, one of Hyangak Jeongjae, Korean traditional court dances.

In the paper "Saekdong Influences in Tibetan Traditional Costume", Tibet has a long history and tradition and features colorful costumes. As the representative costumes of Tibet from many Chinese minorities, we could find the traces of Saekdong from Go-Joseon's people of Korea. The research method was based on Tibet cultural background and characteristics of costume based on the culture of Zang Zu, Tibetan autonomous prefecture. Literature and photographs were analyzed for pictures in 'Zang Zu costume' book. The results are as follows. First, various Saekdong were found in Bangjeon, one of the greatest features of Zang Zu's costume. Bangjeon is made of wool of various colors with horizontal lines. Second, a variety of Saekdong appeared in the sleeves which reminded of Korean traditional jackets with sleeves of multicolored stripes. Third, Saekdong appeared in various ornaments. This study implies the understanding of Zang Zu's costume of nature worship and the admiration of Saekdong beauty from ancient Korea, Go-Joseon.

In the research "Korea Yeon-Ji research based on formative characteristics and aesthetics", oriental rouge for red is a symbolic sign. The human race is an important symbolic character, since the prehistoric period, and one of the ways to use the colors of the human body is colored. Body painting is highly variable coloration is temporary, depending on the tribe or nation and another era with this transition as iconic. The Oriental rouge makeup of China, Korea, and Japan, the type of rouge makeup has been formed with the incantation, beautification, invocation, protection, and expression. According to the modeling microanalysis of the Oriental traditional idea, by applying the material characteristic of the Orient image as the beautification, invocation, and expression characteristic center, the form of work for the makeup research that it applies Korea rouge makeup characteristic reflected the infinite, both sides, nature, and humor characteristic to the work. Colors are centered primarily in Asian image representation white, black, and red, as a secondary five color were used. The texture was rough and used the texture without the polish the hard texture as the basis and it reflected the dismantling image. It expressed built with no change of Korean image through the use of color of the various colors with the visual angle and ships name for the sense of touch pleasure. It used Korea modeling form as the point

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