A Mobile Healthcare Hospital Service Platform for Personal Health Information Management

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Abstract

One of the foremost issues in material, spiritual and cultural development is selfmanagement of personal health. The concept of personal health management includes the maintenance and promotion of human health, regular living, physical fitness and improvement, and disease prevention. In this paper, a mobile health care hospital service platform for optimal personal health management is proposed. It not only improves upon the problem of a complex visiting route, but also reduces waiting time for health care through a mobile application provided by the hospital service platform. In such cases, the hospital service platform provides convenient personal health care services and appropriate management of personal health.

Keywords: Ubiquitous health, HIS, NFC, OCS, EMR

1. Introduction

The registration and inspection processes in the medical industry must be designed from the perspective of a patient, not hospital staff, because it is easy to make mistakes and waste time during a patient's first visit to the hospital. Therefore, hospitals should establish policies to simplify the booking, storage, treatment, and inspection processes. However, most Korean hospitals are only interested in medical facility expansion in various forms in order to improve profitability, ignoring complicated routes and excessive waiting times. These were major complaints of hospital service users [1], and the bottleneck phenomenon at the patient reception window has a very negative impact on patient satisfaction and hospital productivity, becoming a major factor in hospital management.

In this paper, we propose a mobile health care hospital service platform for the commercialization of technology and dissemination to the medical technology industry which also provides a personal health monitoring and management solution. Furthermore, the effectiveness of the proposed platform is proven through an experiment and service evaluation.

Chapter 2 presents related research on health care technology status and trends, principally regarding changing the health care service paradigm and health care system development trends. The IT environment for the hospital service platform is also included. Chapter 3 describes the proposed hospital health care service model, subscribed system configuration, and the main services and features of the system. System development and experiment results are analyzed in chapter 4, and the conclusion is presented in chapter 5.

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2. Related Research

Previous research studied health care information-based mobile services for patients using the theory of constraints (ToC) methodology as well as the development of reception systems [1]. The mobile medical reservation system was studied using a geographic information service [2], and a mobile health care system for personal emergency management [3] to reduce patient waiting time was also studied. We developed a service platform for health management to be used in hospitals and applied the analyzed EMR system characteristics to the platform as well as integrating the medical information system and u-Health service environment [5] to maximize usefulness and convenience [4]. Implementation of the proposed platform was preceded by previous surveys of hospital service models [6], medical-IT fusion technology trends, and forecast depth research.

2.1. Mobile Health Care Service Model

Changing of the health care services paradigm. An IT-based smart health care system development based on rapid changes in global health care paradigms (new paradigms of medical service) appears in Table 1.

Main Division	Detailed Division	Changing factors	
	Population and	- Aging generation growing	
	diseases	- Growth of industry for aging generation	
	changing	- Increasing proportion of chronic diseases	
		- Growth of U-health industry	
Change		- Application of minimal invasive surgery	
drivers	Advanced	- Activated robot surgery	
	medical	- The development and application of	
	technology	nanotechnology	
		- The development of personalized health	
		care technology	
	Health care globalization	- Increased international moves by patients	
		- Overseas expansion of medical institutions	
Medical		and hospital group coordination	
		- Larger hospital groups and specialization	
competition		and networking acceleration	
	Specialized hospitals	- The growth of certain diseases and	
		hospitals specializing in leading	
		technology	
	Policy	- Political push for new growth in the	
Policy and industrial infrastructure	infrastructure	medical industry	
	Industrial infrastructure	- Importance of translational research	
		highlighted	
		- The spread of health care clusters	

 Table 1. Changing Medical Service Environments

With competition among medical institutions around the world, leading health care service institutions must provide the following services to reflect users' main concerns (health care service consumerism): wellness and healthy living; easy access to medical service; information resources; harmony with traditional and alternative medical services; and patient-friendly health policies and insurance.

Health care system development trends. The current health care paradigm is lifetime health.

Division	Healthcare 1.0 Public Healthcare	Healthcare 2.0 Disease Healthcare	Healthcare 3.0 Wellness Healthcare
Period	18 th -19 th centuries	20 th century	Since the 21 st century
Representative innovation	Iron vaccination	Penicillin discovery	The human genome project
Purpose	Prevention of infectious diseases and their spread	Health care and cure of diseases	Disease management and prevention-based well-being
Key indicators	Epidemic mortality	Life expectancy, mortality from serious illness	Wellness for life, hospital fee saving
Provider	Country	Pharmaceutical and medical device companies, hospitals	Existing suppliers and IT/electronic, construction, automobile companies, <i>etc</i> .
Consumer	Citizen	Patient	Everyone
Major changes in health care industry	Vaccination, water and sewage distribution stethoscope, x-ray doctor invention establishes a positive framework	Pharmaceuticals, medical devices, hospital industrialization Developing new drugs and therapies	Early diagnosis of personalized genome and health care U-healthcare provision
Achievement and limitations	Epidemic mortality Lack of individual diseases	Overcome serious illness from the development of new drugs and therapies Increased health care costs	

 Table 2. Health Care Paradigm Periods

Healthcare 3.0 has the following features:

(1) As the aging generation grows, medical consumers in the 21st century do not simply seek to live long and healthy lives, but also want reduced medical costs.

(2) The concept of health care as daily routine management is changing because of above cases, and personalized treatment will spread so that early diagnosis and minimally invasive surgery for diseases will become commonplace. Patient convenience and effectiveness will increase throughout the whole process from diagnosis to aftercare.

(3) The paradigm shift is triggering trends such as health care and IT convergence with day-to-day management of patient-centered health care, diagnosis and more refined treatment.

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(4) As health care for such consumers includes a variety of demands, it must converge with various technologies such as electronics, construction, automotive, tourism, *etc*.

(5) It is expected that health care business opportunities in the IT industry will expand, with efficient analysis process with extensive medical data such as personal genetic information and digital imaging data.

Health care IT service environment. U-Health includes a variety of bio-sensors and various forms of health information, from sensor components to intelligent platforms, case-based reasoning, PHR (personal health records), smart media and smart security technology [7]. Figure 1 [6] depicts biological information transfer, and it can leverage existing networks. There has been a lot of progress over the past ten years in terms of measuring biometric technology research and development, but analysis and reasoning techniques related to these biometrics are not yet in use. Interest in large biometric analysis technology has increased through such research and development. In this paper, we propose a mobile health care service model.

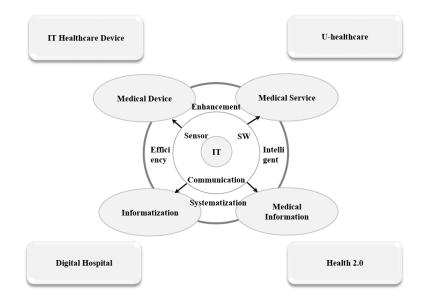


Figure 1. Fusion of Health Care and IT

Mobile health care services. The mobile healthcare application provides the services listed in Figure 2. The first feature is animation contents to confirm bookings and translation. The second feature is bookings for hospital and drugstore mobile services and electronic prescriptions. The third feature is hospital one-stop payment.

	Mobile Services	
Animation Contents	Booking	Payment
Confirm Booking	Hospital & Drugstore	One-Stop Payment
Translation	Electronic Prescription	Payment Service

Figure 2. Mobile Health Care Application

2.2. Hospital Service Platform

The major functions of the hospital healthcare service platform are shown in Figure 3 [6].

(1) Mobile appointment and notification services

Mobile health care services were scheduled to be implemented in conjunction with a medical care information system (EMR). The service also offers optional medical care professionals and a real-time reservation service. It provides visitor location-based alerts [8] to determine the health care and examination schedule for the visit as well as medical assistance and emergency response services and also offers treatment locations and related location information [9].

(2) Mobile electronic documents

OCS was linked to the implementation of patient information to provide over 200 different forms of medical records. It was implemented to explain diagnosis results saved as images to the patient with consent to electronic record-keeping evaluation. It provides on-site identification with electronic signatures for patients and agents with electronic consent.

(3) Storage and mobile payment services

EMR works in conjunction with patient information in a mobile app and can handle medical history, examination, input, output, surgery, and so on. It is possible to pay the costs of health care, including medical treatment, examination and surgery, instantly via credit card, and it provides multi-language support for foreigners.

(4) Provides health care and monitors guidance content

The system provides guidance services using animation for patients' prescriptions.

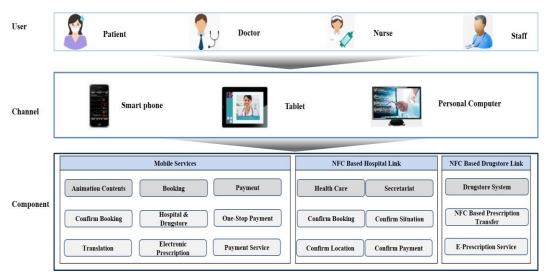


Figure 3. Hospital Health Care Service Platform Configuration

The hospital health care service platform provides user API through smart devices, tablets and PCs to request and receive platform services.

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3. Proposed Hospital Service Platform

3.1. System Configuration

The proposed hospital service platform infrastructure is shown in Figure 4.

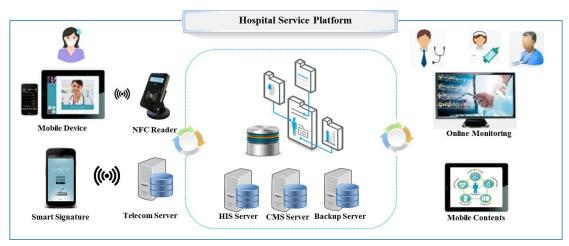


Figure 4. Hospital Service Platform Infrastructure

The hospital service platform connects users' mobiles through mobile and platform API, as shown in Figure 5.

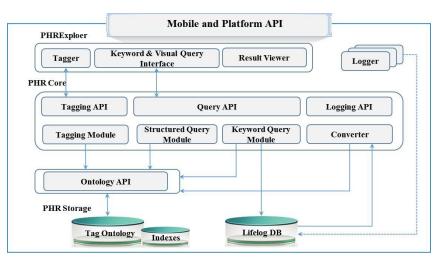


Figure 5. Service API Architecture

The main technology is NFC-based standard telecommunications, and using it to control personal authentication also provides guidance on movement routes and DID health care. The main functions are NFC tagging and NFC tag-based guidance as well as HIS (hospital information system) connection.

(1) NFC-based telecommunications

The main system uses ISO/IEC 18092-based mobile and hospital device P2P (peerto-peer) telecommunications along with communication between the NFC reader and control PC using USB and communication based on a socket protocol for the control PC and platform web server.

(2) NFC tagging process

The whole process is shown in Figure 6. When the user logs into the mobile application, the web server then applies the patient information key. When the user

tags their mobile to the NFC reader, then the patient key and device key will transmit to the end PC connected to the NFC reader. The web server will make a decision that if there is additional data on req1002, there is a reservation, and that if there is additional data on req1002, it has been received. Reservation and reception information such as patient number, reservation date and time, and health care center will be sent to the user's mobile at the same time they are displayed on the DID. Ultimately, the logging data will be saved on the data server.

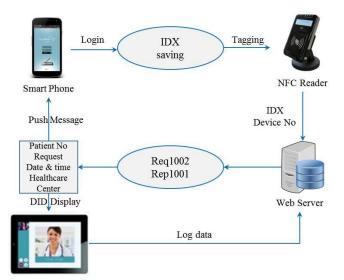


Figure 6. NFC Tagging Process

(3) NFC tag-based guidance

The NFC tag-based guidance service not only provides information about patient movement routes in the hospital, but also provides real-time reservation status and reception status through the mobile application.

(4) Mobile application HIS connection

The first step is user information processing, when the user logs in from the mobile application. The platform proceeds with user recognition to connect HIS health information with mobile user information and connects user health information that matches on HIS. The second step is health care reservation information processing, and at this step the health care center data and doctor data are connected. The third step is reception information processing, when reception, health care cost and waiting status are connected. The fourth step is NFC-based information processing, and at this step, mobile NFC and patient information are connected and information by the NFC reader is synchronized with the health care server while location information from the hospital is also synchronized with NFC information. The operation system configuration is shown in Figure 7.

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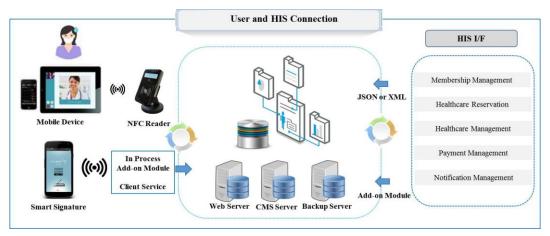


Figure 7. HIS Connection Configuration

3.2. System Services and Features

An outline of the hospital service configuration is shown in Figure 8.

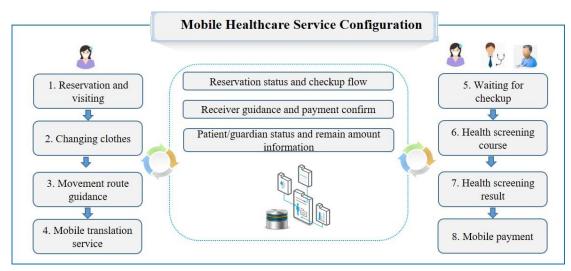


Figure 8. Hospital Service Configuration

The first step is mobile reservation and visiting. This step includes diagnosis and checkup reservation, reception, real-time notification, checkup course setting, and checkup office management. Date selection is available for diagnosis and checkup reservations using mobile reservation and doctor selection.

When a reservation is made via mobile for treatment or checkup, if a prior interview process is added, the treatment team or date are selected or a reservation notification checking service may be provided. With the notification service, a service notifying of visitors' expected arrival times is provided and checkup room changes can easily be made, while checkup room administration functions may also be supported. All these take the patient's viewpoint into consideration for more efficient checkup room administration.

The second step is for changing clothes. NFC technology is used for the service that stores individual items, including clothing, before checkups for easy opening/locking of the lockers. The third step is movement route guidance. The platform provides NFC-based movement route guidance and real-time flow management for movement route guidance in the hospital. The fourth step is mobile

translation service. Mobile service and medical translation services are provided in three languages for foreign users.

The fifth step is waiting for checkup service. This step includes checkup office registration, checkup notification, and checkup and waiting status along with checkup device guidance services. It must be possible to check the waiting status of each checkup room to provide checkup room registration and notification services, and a service to register as a waiting checkup room patient is provided. Furthermore, there is a notification service using vibrations or the mobile phone screen when it is that patient's turn. Monitoring of checkups and patients waiting for each checkup room is provided for checkup room and waiting inquiries. The platform provides diagnosis and checkup device animation guidance and information on the checkup process.

The sixth step is health screening course service. Information about the checkup course is shared in real-time with the patients and their family. The seventh step is health screening results. A paperless mobile electronic message is sent with health care results. The eighth step is mobile payment service. This is an easy payment service that provides treatment and payment services based on electronic notifications.

4. Evaluation

Comparative pre-/post-application of hospital health care service platform results appear in Table 3.

Category	Before	After
Diagnosis and screening reservations	Booking through phone service or outpatient reservation	Emergency, diagnosis, and checkup reservation services provided, tailored treatment services provided to visitors
Diagnosis and screening guidance	Staff guidance; Unknown estimated time of patient visits	Mobile service based guidance; location based mobile guidance; real-time mobile notification of patient arrival time
Diagnosis reception method	Visiting and waiting for cashier; The appropriate office waits after receiving	Immediately accepted via mobile application; Confirm and modify the reception using the mobile service
Registration and queue waiting time	Waiting at registration office; Confirm order at guidance monitor	Registration office using the mobile service; Confirm the order using the mobile NFC service; Confirm the expected waiting time
Health care notifications	Wait for staff call	Real-time notification service anywhere in hospital without space limitations
Health care steps guidance	Described by nurse	All health care courses directed to the mobile service

Table 3. Comparative Analysis of Platform Application

Category	Before	After
Health care location guidance	Staff guidance	Mobile movement route guidance
Health care reception	Visit or call reception	Mobile service or NFC-based immediate acceptance; Confirm health care steps using the mobile service
Confirm the office and order	Registered manually	Registered using NFC reader; Real-time order confirmation
Prior inspection guidance	Unknown preceding checkup information	Automatic notification of prior checks; Provision of medical device information using animation
Equipment and electronic locker	Keep tag and key for locker	Using the mobile NFC control equipment and locker
Inspection and health care results	By mail	By inspection sent via mobile
Payment service	General cashier and fare adjustment machine	Mobile postpaid billing services
Aftercare	After individual interviews or visits	Teleconference calls using mobile service
Services for foreigners	Coordinating interpreters	Mobile foreigner health care service; Mobile medical terminology translation service

As shown in Table 4, it normally takes 74.3 minutes of waiting time to receive treatment and 7.2 minutes to be treated in Korea. Application of the hospital health care platform and mobile service should reduce patient time at the hospital to half an hour as well as cutting down on hospital costs.

Stop	Time Spent		
Step	Current	Predicted	
Intake	9.2 minutes		
Waiting for treatment	22.7 minutes	15 minutes	
Waiting for checkup	14.2 minutes		
Treatment	7.2 minutes	7.2 minutes	
Medication dispensing	15.3 minutes	15 minutes	
Fee payment	5.7 minutes	15 minutes	
Total	74.3 minutes	37.2 minutes	

5. Conclusion

The mobile hospital service platform using an NFC smart sensor and the mobile application both use a personal health monitoring service to provide personal health care guidance in the hospital. The optimal screening procedure at the present time selects a service to reduce waiting time and provides information via linkage between the DID.

Health care is changing to customized health care based on changing trends in health care paradigms, and maintaining health through disease prevention and daily health management with the core goal of "the era of a healthy life" is the current paradigm. Thus, the mobile health care service based on a hospital health care service platform proposed in this paper is applicable to personalized health care services and personalized services after treatment.

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